

## Upcoming Dates

### September

Thurs 12th: Little Desert Athletics @ Stawell

Fri 13th: Pyjama Day (gold coin)

Tues 17th: Board Meeting

Thurs 19th: School Concert

Fri 20th: Last Term 3

### October

Mon 7th: Term 4 starts

Tues 15th: ALWS Day

Thurs 17th: Nhill Show (no school)

Fri 25th: Grandparent's Day

World Teacher's Day

### November

Wed 13th: BMX Incursion

Fri 15th: Colour Run (tbc)

Tues 19th: Board Meeting

### December

Wed 4th: Year 6 Graduation Dinner  
@Little Desert Lodge

Thurs 12th: Last Day of Term 4 (3.15pm)

Fri 13th: Staff PD Day

### Chapel Dates *Fridays 9am*

13th Sept - Year 2

20th Sept - Pastor Carl (tbc)

### Assembly Dates

*(after Friday Chapel in the morning)*

20th Sept - General

## Students of the Week



Congratulations to the following students who were presented with Student of the Week awards at assembly today:

F/1: Amber

Year 2: Jackson & Charlotte

Year 3/4: Helena

Year 5/6: Sophie

## Derek The Bear

Congratulations to Xander for receiving Derek the Bear. We hope you both enjoy your time together.



## Birthdays



Happy birthday wishes are sent to the following students in September:

Oakley 7th

Barrett 9th

Atreyu 12th

## From the Principal

### Teacher Aide Appreciation Week

This week we have acknowledged our wonderful Integration Aides, Ms Rutherford and Miss McLean, and also our dynamic Office Administrator Mrs Fisher. We are thankful for the love and support they share with the students.

### Three Way Conversations

Thank you to those who attended the Three Way Conversations earlier this week, and to those who have rescheduled. The feedback from the students about Three Way Conversations is always interesting, with most commenting they enjoy the opportunity to share their learning and goals with parents.



### Building update

Several items from the old school building including blinds, whiteboards, carpet tiles or roll of carpet, air conditioners and more, are available at various prices to interested people. Look out for some of these items on Facebook marketplace or you may enquire at the school. The old building will be removed during the holidays.

Once the building has been removed, there will be a large open space. We are exploring the possibility of a single classroom building being placed in this space, and also to create a purposeful and attractive area which will include shades, outdoor furniture, garden beds, paths, outdoor learning spaces and so on. A committee, consisting of parents, staff and students, will be formed for this project.

The named pavers, a P&F initiative, will be placed near the front entrance of the school.

### Year 2 sleepover

It sounds like the Year 2's had an exciting sleepover at the school last night. Thank you to Miss Schultz and Miss McLean for sleeping over (did you get much sleep?), and well done to the brave Year 2 students.

### Little Desert Athletics in Stawell

We wish our athletic representatives all the best for the next level of athletic competition to be held in Stawell next Thursday.

### Hats

With Spring now here, and the UV ratings rising, we need to again wear our hats in line with our SunSmart Policy. Can all hats please be returned to school if they were returned home? Hats are to be named and in good condition.

Every blessing for your week,

Damon Prenzler

# F/1 Class Learning Subtraction with Game Play



## Pyjama Day Friday 13th September

Sleep in for another few more minutes on Friday 13th September.....  
It's Pyjama Day at NLS.

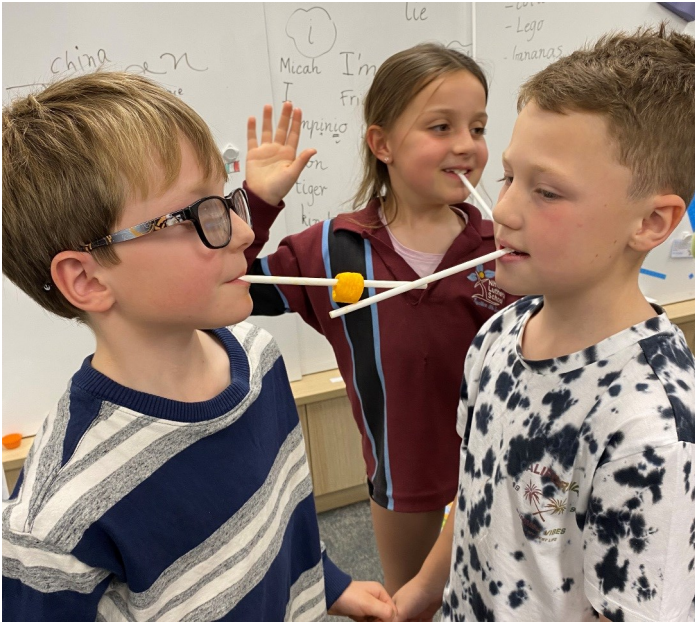
### Gold Coin Donation

The SRC have decided to celebrate the comfy attire on this day and provide all students who wish to have a **free hot chocolate** at recess .

### Year 2 Sleepover







## Prayer of the Week

Each week we pray for someone in our School Community. This week we pray for.....



- Ruby & Freya and their family
- Nelson & Luka and their family
- Ruby B and her family
- Mrs Lees and her family

## Worship News

Please see below for this week's church service times:

16th Sun after Pentecost  
Nhill 11am  
Jeparit 9am  
NhillLutheranParishOnline.com



## Messages of hope

Listen to Messages of Hope and invite others to do the same. Download or listen online at [messagesofhope.org.au](http://messagesofhope.org.au) or on iTunes and

### 8th September Single Parenting: Resilience and Faith

Raising children can have its challenges, but raising a baby on your own is tough. Steph shares her journey of single parenting from pregnancy and how resilience and faith helped her in the face of the unknown as a first-time parent.

### 15th September Bethany's Story

From 20 weeks pregnant, Jo and Luke knew their baby would need urgent heart surgery, but no one prepared them for a life with a child with special needs. Hear Jo and Luke share their story of hope, challenge and resilience in caring for their beautiful daughter Bethany



## Chapel Offerings

At this week's Chapel \$7.20 was collected for the ALWS Gifts of Grace. Please consider sending an offering each Friday morning as the communities there rely on our help.

## Devotional Thought

### I can't stand; we all can stand

Lord, who may dwell in your sacred tent? Who may live on your holy mountain? (Psalm 15:1)

[Psalm 15](#)

Back in the day when King David wrote Psalm 15, the concept of 'the Great Exchange' hadn't been written about yet. King David expressed it in his psalms, but Christ needed to come to the earth to truly show us the meaning of it.

In Psalm 15, King David writes a checklist of who could dwell with God in eternity. Let's get the marker out and see how we go on this scale:

- Lead a blameless life.
- Always speak the truth from the heart.
- Do not gossip.
- Do no wrongdoing toward anyone.
- Do not engage with any non-believer.
- Lend to the poor interest-free.
- Do not accept bribes.

I hope you went better than me and got all ticks and no crosses. I got lots of crosses. I have failed this test miserably. I am not good enough. I can't measure up. But lucky for me – and you if you're in the same boat as me, as I suspect – one cross was chosen by God to overwrite all the crosses on this checklist.

This is the Great Exchange. Jesus, the perfect one who has a tick against everything on this list, takes the place of me, a miserable sinner who gets it wrong a lot of the time. My disobedience is exchanged for his obedience, my blood for his, my death for his.

And when I stand before God with my head hung low like King David, who committed adultery and murder and lied about it, God only sees ticks and no crosses. Because of the cross of Jesus, none of the other crosses count for anything anymore, and I am washed whiter than snow.

When David asks, 'Who may dwell in your sacred tent and who may live on your holy mountain?', the answer is 'No one, but all of us. But not us but Christ in us, and through Christ we are saved by the grace of God alone'. Thanks be to God for Jesus and what he has done for you, me, all of us.

**Dear God, when I consider Jesus Christ, beaten, killed and a broken man, I hold my breath, but even more, I stand in awe when broken people come to him, hand in hand. In Jesus' name, Amen.**



## Present Dads, Healthy Kids

TIME is the single most important ingredient in our relationships, especially when it comes to dads and their children.

The research is compelling—kids need their dads. The more a dad is present and involved in his children's lives in a positive way, the better the outcomes for them. Fathers make unique and direct contributions to their children's wellbeing, from better physical health to more prosperity. Children with involved dads are smarter (they have higher IQs!) and more prosperous. They also have a better sense of self-esteem and grow up with more self-control, confidence, and self-worth.

Additionally, it's better for Dad!

Dads who spend time with their kids are more likely to be satisfied with their lives, feel less psychological distress, and have more empathy. They also have a greater sense of self, feel greater general wellbeing, and have more happiness in their relationships. And when a father is emotionally involved with his children, it acts as a buffer against work-related stresses.

It's important to acknowledge that not all children have the privilege of a safe and supportive father figure, and many single parents do an exceptional job raising their children independently. Regardless of family structure, the most important factor is a loving and nurturing environment where children feel safe and valued.

However, if you're a dad who has the opportunity to be involved in your child's life, embrace it. The impact you have on your child's development is profound and lasting. Dads, being a parent is one of the most important and rewarding roles you'll ever have. It's also demanding and requires you to constantly adapt and learn. Kids grow up so fast, so every moment counts. By spending time with your kids, you're not just making memories, you're shaping their future and strengthening your bond.

Being present means being there for the everyday moments, like sharing meals, playing together, or even just hanging out. These seemingly small interactions build a strong foundation for your relationship.

Being involved goes beyond just being physically present. It's about actively participating in your child's life, showing genuine interest in their activities, thoughts, and feelings.

Being attentive means truly listening to your child, making eye contact, and putting aside distractions. When your child feels heard and understood, it creates a deeper connection and fosters trust.

Remember, every family is different, and there's no one-size-fits-all approach to parenting. Find what works for you and your family, and don't be afraid to ask for help when you need it. The most important thing is to show up for your kids, love them unconditionally, and enjoy the journey together.



**AUTHOR** Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit [happyfamilies.com.au](http://happyfamilies.com.au).



## Get 'Em Going Playgroup

Get 'Em Going Playgroup meet each Tuesday at 9.30am to 11am.

Each week children will be given the opportunity to participate in physical, social and mental stimulating activities to assist in preparing them for their learning journey ahead.

Please bring along the following:

- A water bottle / Fruit snack / Gold coin donation

If you have any questions or would like more information on the program please contact Mrs Fisher at the front office. 53 912 144 or [admin@nls.vic.edu.au](mailto:admin@nls.vic.edu.au)



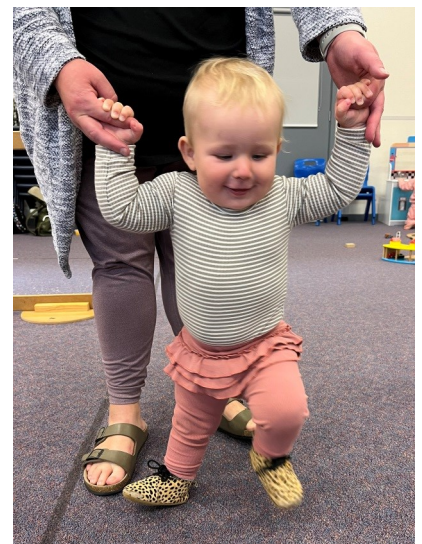
We had a great morning out in Get 'Em Going today!

We learnt all about the dump truck! The children enjoyed colouring their own dump truck and decorating it with some paper for the sand.

We read a book called 'Denis the Dump truck' where we learnt how it's important to help our friends and be kind towards others.

The children enjoyed exploring different musical instruments today including drums, shakers and bells.

Next week we will be learning all about the Crane.  
See you then, Tuesday 9:30am.





## Take control of your finances

For every **dollar you save**, you will receive **another dollar from ANZ** to spend towards educational costs, up to \$500



**Saver Plus** gives you down-to-earth money talk - and a **\$500 incentive** to build your savings!

You can double your savings. If you reach your savings goal each month for 10 months, **ANZ will match it up to \$500.**

### What can the \$500 be spent on?



Laptops and tablets



Uniforms and shoes



Vocational education



Lessons and activities



Books and supplies



Camps and excursions

### To join Saver Plus



Be 18 years or older



Have a Health Care or Pensioner Card



Have a child in school, starting school next year, or be studying yourself



Get a regular income (you or your partner)



Agree to join in free online financial education workshops

Saver Plus was developed by ANZ and the Brotherhood of St. Laurence and is delivered in partnership with The Smith Family and Berry Street. It is funded by ANZ and Department of Social Services.

[saverplus.org.au](https://saverplus.org.au) 1300 610 355



Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource implemented at our school to help support you in the challenges of modern-day parenting relating to youth mental health and wellbeing. Parenting is a learning journey and SchoolTV supports families by providing credible information from trusted sources with practical strategies to help alleviate some of the challenges being faced by young people today. Watch video interviews with leading wellbeing specialists and browse a library of resources. Each topic is accompanied by factsheets, podcasts, books, articles, apps and other videos.

This award-winning resource helps families build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It will assist you in starting those conversations on topics that can sometimes be awkward or difficult to tackle. Parents and caregivers are the greatest influence on a young person's life and SchoolTV focuses on empowering confident parenting.

Explore SchoolTV today - <https://nhills.vic.schooltv.me>

# NEUROKIN MICROFESTIVAL HORSHAM

SUNDAY SEPTEMBER 29

## IMAGINEERING NEURODIVERSITY

Autistic-led space facilitated by Louise Cooper, author, artist and organiser of Australia's first neurodiversity arts festival.

Louise has lived experience as a late-diagnosed Autistic parent of two AuDHD offspring. Louise has a graduate certificate in Autism Studies.

People of all ages & neurotypes welcome

Educators, therapists & allies encouraged to attend

### Testimonials

"Such a helpful, joyful and inspiring event. I'm beyond grateful and excited to have had the opportunity to attend. This was so good for our learning, community connection, sense of self worth and general wellbeing. I trust that Neurokin Events will continue on and offer connection, inspiration, wellbeing and joy to many more."

"You were fabulous. We felt so welcome even being so far away from home and not knowing anyone. The activities you ran were so fun, and whilst we could see you had a plan, you were flexible to the kids ideas. We were so thankful to be a part of your event and look forward to coming along again."

### 3 Spaces To Wander & Explore

10am - 12pm

Silent Disco



Put on a pair of our special silent disco headphones and dance away to a playlist of neurodivergent musicians



### The Book Nook

Read Louise's book

'Welcome Neurokin, I am Autistic'

designed with conversational prompts on each page to encourage discussion, self-knowledge, positive self-identity & self-advocacy.

Create a little book of your own to photocopy, share & take home

### Sensory Design



Explore a range of fabrics and design your own sensory space.

What might a public sensory space be like and where would you most need it?

### Neurodivergent Artists Chat, 2-4pm



Learn about creating accessible spaces and practices for both others and ourselves. Find out about

Neurokin Festival 2025 and how you can get involved.

Network & share with other neurodivergent artists.

Creatives of all descriptions welcome: actors, visual artists, musicians, writers, producers, academics etc.



Horsham Neighbourhood House

13 Robin St, Horsham

Tickets \$20

<https://www.trybooking.com/CTJRZ>

<http://www.fb.me/rockabilby>



**FRRR**

Foundation for Rural & Regional Renewal

**CREATIVE VICTORIA**



Nhill Lutheran School Presents...

# What a KNIGHT!



**Camelot's Craziest  
Quest!**

19th of September  
Nhill Memorial Community Centre  
Doors open at 6:30pm - 7pm start  
Gold coin donation